

## *Healing Inspiration with Olivia Fae Stadler*

Olivia Fae Stadler, MA, LMFT #115228

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### **Consent for Treatment - Adults**

Therapy will be provided by Olivia Fae Stadler, Licensed Marriage and Family Therapist #LMFT115228, using an integrated mind-body modality of psychotherapy. I am trained and experienced in the practices of somatic psychotherapy, which may incorporate – as options in service of the therapeutic process – body sensing awareness and supportive touch. Such practices are respectful and non-invasive, done only with the your permission and cooperation, and within legal and ethical guidelines. You are free to ask questions at any time about methods used, or stop methods at any time. You are free to ask questions at any time about my professional background, experience, education, and professional orientation.

I have agreed to contract with Early Development Services (EDS) as a short-term contracted therapist, and in doing so I have agreed to supply you with up to 3 counseling sessions by June 30, 2020, which will be paid for by EDS. This contract also creates a short-term therapeutic relationship between you and I. If by the end of your 3 sessions you would like to continue receiving counseling services from me, you would become a "private client". My normal fee for private clients per session is \$150. If you do not wish to continue on as a private client, our therapeutic relationship will terminate at the end of the third session. However, if at some time in the future you wish to begin again, you are always welcome to contact me.

### **Confidentiality**

Information disclosed in therapy is considered strictly confidential and will not be released to any third party without your written authorization, except for consultation purposes (no identifying information will be given), or when required or permitted by law. Exceptions to confidentiality include, but are not limited to, reporting child, elder and dependent adult abuse, when I am ordered by a court to release information, and when I determine that you present a serious danger of physical violence to another person or are dangerous to yourself.

### **Therapy Hour**

Therapy sessions are 50 minutes.

## **Email / Cell Phone Communication**

Please be aware that while all communication is held as confidential, email and cell phone communication can be more easily accessed by unauthorized sources. Email in particular can be vulnerable to unauthorized access by persons known or unknown to you. Therefore, **email communication should be limited to non-urgent scheduling only. Any clinical information is to be discussed over the phone or in-person.** Any contact (including reading or responding to text messages or email) that extends beyond 5 minutes will be charged on a pro-rated basis, based on your fee for sessions.

Potential risks of using electronic communication may include, but are not limited to; inadvertent sending of an e-mail or text containing confidential information to the wrong recipient, theft or loss of the computer, laptop or mobile device storing confidential information, and interception by an unauthorized third party through an unsecured network. E-mail messages may contain viruses or other defects and it is your responsibility to ensure that it is virus-free. In addition, e-mail or text communication may become part of the clinical record. Please advise me if you would prefer in any way to limit the manner in which communication occurs or if you are in any way concerned about confidentiality of a specific form of communication.

## **Availability**

If you would like to speak with me outside of your session for reasons concerning scheduling, fees, or urgent issues that have arisen after a session, please call my confidential voicemail. Please specify whether you would like a return call, and allow 48 hours for a response.

I encourage you to contact me if you are in a serious emotional crisis, although private practice is not an immediate crisis intervention center. In the event of a medical or psychiatric emergency or an emergency involving a threat to your safety or the safety of others, please call 911 to request emergency assistance or call the following crisis services:

Suicide Prevention Central Coast: 1-877-663-5433 / 1-877-ONE-LIFE

Suicide Prevention Crisis Line: 831-649-8008

YWCA Domestic Violence Crisis Line: 831-372-6300/800-YWCA-151

Community Hospital Mental Health: 831-625-4623

Community Hospital of the Monterey Peninsula (CHOMP).....831-624-5311

## **Benefits and Risks**

It is my intention to provide services that will assist you in reaching your goals. However, I am unable to predict the length of your therapy or guarantee a specific outcome or result. Therapy is a process, and you may feel worse before you feel better. This is the nature of working with material that has remained out of your immediate awareness. If you should become too uncomfortable, please advise me right away.

**Notice to Clients**

The Board of Behavioral Sciences receives and responds to complaints regarding services provided within the scope of practice of (marriage and family therapists, licensed educational psychologists, clinical social workers, or professional clinical counselors). You may contact the board online at [www.bbs.ca.gov](http://www.bbs.ca.gov), or by calling (916) 574-7830.